

Radiogram No. 3391u

Form 24 for 04.29.02 (VC-3)

**IMS Audit of Life Support Supplies and Medical Items (ISS-4 Crew)
Visiting Expedition Ops**

GMT	Crew	Activity
06:00–06:15	VC CDR	Private medical conference
06:00–06:10	VC SFP, VC FE1	Morning inspection
06:10–06:30	VC SFP	Post-sleep
06:10–06:40	VC FE1	
06:15–06:20	VC CDR	PLASMA CRYSTAL-3: turbo pump activation
06:20–06:40		Post-sleep
06:30–06:40	VC SFP	D1X still camera: battery charge
06:40–07:20	VC FE1	BREAKFAST
06:40–07:15	VC CDR, VC SFP	
07:15–07:25	VC CDR, VC SFP	Prep for TV coverage
07:20–07:30	VC FE1	Photo/Video ops: Italian territory
07:25–07:45	VC CDR, VC SFP	TV report for the South African media
07:30–08:00	VC FE1	Prep for work
07:45–08:00	VC CDR, VC SFP	
08:00–08:15	VC CDR	Daily planning conference (<i>S-band</i>)
08:00–08:10	VC SFP, VC FE1	
08:10–08:15	VC SFP	CCE: metabolic log entry: food and fluids intake
08:10–09:15	VC FE1	CHIRO: monitoring impairment of muscle function in weightlessness
08:15–08:30	VC SFP	E-mail ops (<i>Ku-band</i>)
08:40–08:55	VC CDR	CHIRO: video recording 2
08:55–09:05	VC CDR, VC SFP	Prep for TV coverage
09:05–09:20		TV report for the South African media
09:15–09:35	VC FE1	VEST: destow and don experimental garments
09:25–11:10	VC CDR, VC SFP	CCE: bungee test/veloergometer-3 test
09:35–10:05	VC FE1	E-mail ops
11:10–11:15	VC CDR (assist)	CCE: bungee test/veloergometer-3 test: concluding ops
11:10–11:40	VC SFP	CCE: bungee test/veloergometer-3 test: concluding ops
11:15–13:30	VC FE1	ALTEINO: HALLEY ops (60 minutes)
11:15–12:00	VC CDR	
11:50–12:20	VC SFP	PLANKTON LENS-? : study of oceanic bioproductivity (plankton production)
12:00–12:10	VC CDR	
12:10–12:20	VC CDR	VEST: photo ops
12:20–13:30	VC CDR, VC SFP	Processing of commemorative items w/ video recording
13:30–14:30	VC CDR, VC FE1	LUNCH
13:30–14:25	VC SFP	
14:25–14:30		CCE: metabolic log entry: food and fluids intake
14:30–15:00	VC SFP	Photo/video ops for South Africa
14:30–15:15	VC CDR	ALTEINO: HALLEY ops (60 minutes)

14:30–16:45	VC FE1	
15:00–15:15	VC SFP	Private IP-telephone conference
15:15–15:45	VC CDR, VC SFP	PLANKTON LENS-? : study of oceanic bioproductivity (plankton production)
15:45–15:55	VC CDR	VEST: video ops
15:45–17:25	VC SFP	Processing of commemorative items w/ video recording
15:55–17:25	VC CDR	
16:45–17:00	VC FE1	ALTEINO: AST spectrometer ops / PCMCIA card swap
17:00–17:15	VC FE1	VEST: concluding ops: doffing and stowage of experimental garments
17:15–17:25	VC FE1	VEST: fill out questionnaire
17:25–17:35	VC CDR	Photo/video ops for Italy
17:25–17:55	VC FE1	
17:35–17:40	VC SFP	Prep for ham radio pass
17:40–17:50	VC SFP	Ham radio pass
18:00–18:15	VC SFP	E-mail ops
18:15–18:45		Daily plan review
18:45–19:00		Daily planning conference (<i>S-band</i>)
19:00–19:30		Prep for work
19:00–19:15	VC SFP	
19:15–19:25		Private family conference (<i>S-band</i>)
19:30–20:00		DINNER
20:00–20:10	VC CDR	VC-3 camcorder battery charge (DVCAM or DSR PD-150P)
20:00–20:05	VC SFP	CCE: metabolic log entry: food and fluids intake
20:00–20:30	VC FE1	Daily food prep
20:05–20:30	VC SFP	
20:10–20:30	VC CDR	
20:30–21:25	VC CDR	Pre-sleep
20:30–21:30	VC SFP, VC FE1	
21:25–21:30	VC CDR	PLASMA CRYSTAL-3: turbo pump deactivation
21:30–06:00		SLEEP

Notes:

1. See OSTP for references to US activities
2. Backup window for TV ops on Orbit 3646/4: $\tau_0 = 10:23$ ($\tau_1 = 10:28$, $\tau_2 = 10:36$, $\tau_3 = 10:54$ will be activated by ???)

End of radiogram